

The rambles in this programme are organised and led by members of the Ramblers' Association Mid Lancashire Area. Anyone may join the walks, whether a member of the Association or not.

PRESTON GROUP (PG)
Sortie means Short Organised Ramble To Interest Everyone. Each walk is circular and lasts about two and a half hours.

Quest is similar to a Sortie but nine to twelve miles in length and a packed meal is necessary. For further details about Sorties and Quests contact Mr Cyril Spiby, 15 Cottam Hall Lane, Ingol, Preston PR2 3XB; tel 731979.

Wednesday Walks explore the footpaths in the countryside around Preston and are planned by Mr George Wood, 52 Yewtree Avenue, Ribbleson, Preston PR2 6QA; tel 791194.

LONGRIDGE GROUP (LG)
 Meet at the starting point for each walk (not at the Health Centre as formerly). More information is included in the Group programme which may be obtained from Mr Bill Byrne, White Carr Lodge, Ribchester; tel 344.

CHORLEY GROUP (CG)
 Rambles are graded A, B and C. Details of the grading system and other information are included in the Group's published programme, which may be obtained from Mr John Islip, 6 Windsor Road, Chorley; tel 71140.

SOUTH RIBBLE GROUP (SRG)
 There are more rambles listed and more information is given in the Group programme, which may be obtained from Mr Norman Worthington, 4 Houghton Road, Penwortham, Preston PR1 9HS; tel 745801.

FYLDE GROUP (FG)
 A and B rambles - meet at the Market Square, Kirkham at the time stated. For more details and a copy of the Group's programme, contact Mr Alan Roy, 43 Woodland Drive, Poulton-le-Fylde; tel 882599.

C walks - meet at the starting point for these local family rambles. Further information may be obtained from Mr John Curtis, 13 Flaxfield Way, Kirkham PR4 2AY; tel 684797.

If you are interested in the protection of the footpaths in your locality and would like to be involved in the work of one of the above local groups, you are invited to get in touch with one of the contacts named or with the Area Secretary, whose address is shown opposite.

RAMBLERS

Travel by train into the heart of the countryside and enjoy one of a choice of guided walks in England, Scotland or Wales. Collect a detailed leaflet and book your ticket at one of the stations named.

WINTER RAIL RAMBLERS

These are like ordinary Rail Ramblers except they use scheduled services instead of special trains. Tickets may only be obtained at Blackpool (N) and Preston but they may be used from Blackpool, Poulton-le-Fylde, Kirkham, Preston and, when the services call there, Leyland and Chorley. For more details contact the Area Secretary.

COACH RAMBLERS

Travel by coach to some of the wonderful walking country not very far away but not easily reached by ordinary bus services and join one of the guided walks available. Each coach trip starts at 10.00 a.m. prompt from Stand 44 on Preston bus station. Book with Premier Motor Tours (Preston) Ltd, who also have leaflets on the choice of walks. Patrons wishing to start from Longridge should book their tickets with Mercers of Longridge.



SEPT-DEC 1981

Ramblers Association (Mid Lancashire)

For all the walks in this programme proper footwear is essential: on shorter walks stout shoes may be sufficient, but for longer rambles, especially in the hills and on the fells, boots should be worn. Suitable protective clothing should be worn or carried. Bring a packed meal on day-long rambles.

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The Ramblers' Association is a voluntary organisation whose aims are to encourage rambling, to foster a greater knowledge, love and care for the countryside and to work for the preservation of natural beauty, the protection of footpaths and the provision of access to open country.

Ask the leader of your walk for details of membership of the Ramblers' Association, or send a foolscap s.a.e. to the Area Secretary:

Mr A.E. Clarkson, 32 Melrose Avenue, Fulwood, Preston PR2 4DE; tel Preston 700629.

Whilst every care has been taken in the preparation of this programme, excursions may be liable to alteration or cancellation due to circumstances beyond our control.

2 WED	1.30	FG	No 24 FCT bus to Pedders Lane, Ashton, walk via Ashton and Haslem Parks.
6 SUN	9.00	FG	'A' ramble - Pen-y-Chent.
6 SUN	10.00	IG	From the car park, Slaidburn, via Whelpstone Crag (11 miles strenuous).
12 SAT	Rail Rambler		Preston, Bamber Bridge and Leyland to Plaenau Ffestiniog.
12 SAT	2.00	FG	Sortie from Ponds Cafe, Elswick (422385), via Esprick.
13 SUN	1.30	OG	From Yarrow Bridge Hotel, Chorley, walk via Heath Charnock (C).
13 SUN	2.00	FG	C walk from Wyre Hotel, Skippool.
19 SAT	9.00	SRG	Meet at the Fleece Inn, Penwortham, for car-sharing excursion and ramble in Arnsdale and Silverdale.
19 SAT	1.30	IG	From Madale Road, Longridge, via Hill Chapel (6 miles easy).
20 SUN	9.00	FG	'A' ramble - Kirkby Lonsdale.
20 SUN	10.30	FG	Quest from Calder Vale (533458) via Ffiondsdale Head.
26 SAT	Rail Rambler		Blackpool and Preston to Newark.
27 SUN	10.00	Coach	Darwen and Belmont (fare £1.90).
27 SUN	10.30	OG	From cricket field, White Coppice, ramble via Great Hill and Spillers Edge (B).
27 SUN	2.00	FG	C+ walk from Roebuck Hotel, Bilsborrow.
27 SUN	2.00	SRG	From Brinscall Baths via Wheelton Plantation (6 miles).

OCTOBER

4 SUN	10.30	IG	From the car park, Gammers How, Newby Bridge (330877), for 10-mile ramble.
7 WED	1.30	FG	No 22 FCT bus to Booth's Cafe, Sharoe Green Lane, via Ladywell House.
10 SAT	Rail Rambler		Blackpool, Preston and Leyland to Welshpool and Machynlleth.
10 SAT	1.30	OG	From Blue Anchor Inn, Eccleston, via Heskin (C).
10 SAT	2.00	FG	Sortie from Preeceall Clinic (360481) via Tongues Farm.
11 SUN	9.00	FG	'B' ramble - Ings and Kentmere.
17 SAT	9.00	SRG	Meet at the Fleece Inn, Penwortham, for car-sharing excursion and ramble to Winter Hill.
17 SAT	1.30	IG	From Longridge Health Centre for 6-mile ramble round Longridge.
18 SUN	10.30	FG	Quest from de Tabley Arms, Ribchester (663355), via Top of Ramsgrave.
18 SUN	2.00	FG	C walk from Eagle & Child, Weeton.
24 SAT	Rail Rambler		Preston and Bamber Bridge to Penistone and Sheffield.
25 SUN	9.00	FG	'B' ramble - Settle and Stainforth.
25 SUN	10.00	Coach	Levens Park and Natland (fare £2.35).
25 SUN	10.00	OG	From the car park, Worden Park, Leyland, via Croston and Ulmes Walton (P).
31 SAT	10.30	SRG	From Houghton Village Hall, 9-mile ramble around Houghton.

NOVEMBER

1 SUN	9.00	FG	'B' ramble - Ribbles Valley.
1 SUN	10.00	IG	From the car park, Hurst Green, via Kemple End (9 miles moderate).
4 WED	1.30	FG	No 22 FCT bus to Roys Lane, walk via Walker Lane and Lightfoot Lane.
7 SAT	Rail Rambler		Blackpool, Preston and Leyland to Church Stretton and Ludlow.
8 SUN	2.00	FG	C walk from Plough Hotel, Staining.
14 SAT	9.00	OG	From Chorley bus station, ramble via Haigh Hall (A).
14 SAT	9.00	SRG	Meet at the Fleece Inn, Penwortham, for ramble to Rufford Old Hall: not circular, return will be by bus.
14 SAT	2.00	FG	Sortie from Elston Lane, Grimsargh (5933452), via Alston.
15 SUN	2.00	FG	C walk from Clifton Arms, Salwick.
21 SAT	Rail Rambler		Preston, Bamber Bridge to Mid Calder and Edinburgh.
21 SAT	1.30	IG	From Chipping car park via the Loud Valley (6 miles easy).
22 SUN	9.00	FG	'B' ramble - Lancaster and Halton.
22 SUN	10.00	Coach	Abbeystead and the Wyre Valley (fare £1.90)
22 SUN	11.30	SRG	From Rivington Lower Barn (629139) via White Coppice. (8 miles)
28 SAT	1.00	FG	Meet at Fulwood Hospital, Longsands Lane (5512323), amble towards Cow Hill.
29 SUN	9.00	FG	'B' ramble - Whitbarrow.
29 SUN	10.30	FG	From Chipping car park (622433) via Fairsnape. (quest)
29 SUN	1.00	OG	From Brinscall Baths, via Withnell (C).

DECEMBER

2 WED	1.30	FG	No 10 FCT bus to Gamall Lane/Longridge Road, walk via Rough Hey Farm.
5 SAT	Rail Rambler		Blackpool, Preston to Thirsk, Darlington and Durham.
6 SUN	10.00	IG	From Higher Brock Mill, via Bleasdale (8 miles moderate).
6 SUN	2.00	FG	C walk from Ship Inn, Freckleton.
6 SUN	2.00	SRG	From Fleece Inn, Penwortham, via Blashaw Wood (5 miles).
12 SAT	2.00	FG	Sortie from Barton Cross (535373) via Sparling Brook.
13 SUN	1.00	OG	From Ravington Lower Barn (629139) via Wilder's Moor (C).
13 SUN	2.00	FG	C walk from Derby Arms, Treales.
28 MON	9.00	OG	From Chorley bus station via Winter Hill (A).

ADVANCE DATES FOR JANUARY 1982

1 FRI Jeffrey Hill (Longridge Group)



8 FRI 8 p.m. to 1 a.m.

AREA CHRISTMAS PARTY AT "DANCERS"
29 AVENHAM STREET, PRESTON
BAR · BUFFET · PRIZES:
ADMISSION (INCLUDING BUFFET) £3.95
(tickets from Area or Group Secretaries)



10 SUN Arnsdale (Fylde Group)
16 SAT Cuddy Hill (Longridge Group)
17 SUN Wharles (Fylde Group)
24 SUN Pendle (Fylde Group)