

SORTIE
The name, devised by Cyril Spiby, 'the walking postman', means Short Organised Ramble To Interest Everyone. Each walk is circular and lasts about two and a half hours.

QUEST
Similar to a SORTIE, but ranging further afield, nine to twelve miles in length. A packed meal is necessary.

The contact for further details about Sorties and Quests is Mr Spiby at 15 Cottam Hall Lane, Ingol, Preston PR2 3XB; tel Preston 731979.

RAIL RAMBLERS
Travel by train into the heart of the countryside and enjoy one of a choice of guided walks in England and Wales. Collect detailed leaflet and book your ticket at one of the stations named.

WINTER RAIL RAMBLERS
These are like ordinary Rail Ramblers except they use scheduled services, not special trains. Tickets may only be obtained at Blackpool (N) and Preston but they may be used from Blackpool, Poulton-le-Fylde, Kirkham, Preston and, when the services call there, Chorley. For more details contact the Area Secretary.

COACH RAMBLERS
Travel by coach to some of the wonderful walking country not very far away but not easily reached by ordinary bus services and join one of the guided walks available. Each coach trip starts at 10 a.m. prompt from Stand 44 on Preston bus station. Book with Premier Motor Tours (Preston) Ltd, who also have leaflets on the choice of walks.

WEDNESDAY WALKS (WW)
Organised by Preston Group, these rambles are for those who have a couple of hours to spare in an afternoon mid-week to explore the footpaths in the countryside around Preston. For further details contact Mr George Wood at 62 Yewtree Avenue, Ribbleson, Preston PR2 6QA; tel. Preston 791194.

The Ramblers' Association is a voluntary organisation whose aims are to encourage rambling, to foster a greater knowledge, love and care for the countryside and to work for the preservation of natural beauty, the protection of footpaths and the provision of access to open country.

There are five local groups in Mid Lancashire Area, all of whom are closely concerned with the protection of footpaths in their territory. Each group arranges its own programme of walks, brief details of which are included in this Area Programme. If you are interested in taking part in the work of a local group, you are invited to get in touch with the contact named or with the Area Secretary.

CHORLEY GROUP (CG)
Rambles organised by Chorley Group are graded A, B and C. Details of this and further information about the rambles are included in the Group's published programme, which may be obtained from Mr John Ialip at 6 Windsox Road, Chorley; tel Chorley 71140.

LONGRIDGE GROUP (LG)
All the walks organised and led by members of Longridge Group start from the Clinic in Longridge. Details are published in the Group Programme, which may be obtained from Mr Bill Ryne, White Carr Lodge, Ribchester, Preston PR3 3ZB; tel Ribchester 344.

SOUTH RIBBLE GROUP (SRG)
Most of the walks organised and led by members of South Ribble Group are circular, but a few have been planned as one way routes. The Group does not publish a separate programme, but more information and special transport arrangements may be obtained from Mr John McKenzie, tel Longton 612221.

FYLDE GROUP (FG)
The meeting place for rambles in this programme which are organised and led by members of Fylde Group is the Market Square in Kirkham.

For more details, contact Mr Alan Roy at 45 Woodland Drive, Poulton-le-Fylde; tel Poulton 881599. Rambles are graded A, B and C: only A and B grades are included in this programme; for a leaflet and information about the local 'C' walks, contact Mr John Curtis at 13 Flaxfield Way, Kirkham - tel Kirkham 684797.

PRESTON GROUP
The Wednesday Walks are arranged and led by members of Preston Group. For information about the other work of the Group, contact Mr Arnold Jolly at 215a Garstang Road, Fulwood, Preston PR2 4JP; tel Preston 716391.

For all the walks proper footwear is essential: on shorter walks shoes may be sufficient, but for longer rambles, especially in the hills and on the fells, boots should be worn. Suitable protective clothing should be worn or carried. Bring a packed meal on day-long rambles.

Ask the leader of your walk for details of membership of the Ramblers' Association, or send s.a.e. to the Area Secretary:

Mr A.E. Clarkson, 32 Melrose Avenue, Fulwood, Preston PR2 4DE; tel Preston 700629.

Whilst every care has been taken in the preparation of this programme, excursions may be liable to alteration or cancellation due to circumstances beyond our control.

The Ramblers' Association

Mid Lancashire Area



PROGRAMME

Oct - Dec 1980

Come Rambling!

PROGRAMME

OCTOBER

1	WED	1.30	WW	From Booth's shop, Sharoe Green Lane, Fulwood via Ladywell House.
4	SAT	Rail Rambler		Preston, Leyland to Oxford and the Cotswolds.
4	SAT	1.30	CG	From St Mary's car park, Eccleston via Croston. (C)
5	SUN	9.30	IG	Gurnal Dubs.
11	SAT	2.00	SORTIE	Dowbridge, Kirkham (456310½) via Newton with Scales.
12	SUN	2.00	SRG	Myerscough Arms, Balderstone (618312) via River Ribble.
12	SUN	9.00	FG	Ingleborough. (A)
18	SAT	1.30	IG	Peacon Fell.
18	SAT	1.30	CG	From Worden Park car park, Leyland, via Leyland and Burton.
18	SAT	Winter Rail Rambler		Blackpool, Poulton, Kirkham, Preston to Dumfries.
19	SUN	10.30	QUEST	St Helens, Churchtown, Garstang (482428) via Great Eccleston.
26	SUN	10.00	FG	Sabden. (B)

THE ENGLISH LAKES CALENDAR 1981

A Sanderson & Dixon colour calendar

Now on sale by The Ramblers' Association

Ask the leader of your walk or the Area Secretary

Price One Pound

PROGRAMME

NOVEMBER

1	SAT	Rail Rambler		Bamber Bridge, Preston to Edinburgh and the Pentland Hills.
2	SUN	9.30	IG	Silverdale and Arnsdale.
2	SUN	10.00	CG	From 'The Grapes', Croston, via the lower Yarrow valley. (C)
5	WED	1.30	WW	From Boys Lane, Preston, via Walker Lane and Lightfoot Lane.
8	SAT	2.00	SORTIE	Walton Bridge, Preston (553287½), via Ouerdale
8	SAT	Rail Rambler		Preston, Bamber Bridge to Lincoln.
9	SUN	10.00	COACH	Ingleton.
9	SUN	10.00	FG	Chipping. (B)
15	SAT	1.30	IG	Ribchester.
15	SAT	Rail Rambler		Blackpool, Layton, Poulton, Kirkham, Preston, Bamber Bridge to Harrogate, Knaresborough and York.
16	SUN	10.00	CG	From Chorley bus station via Anglenarke.
22	SAT	9.00	SRG	From The Bridge Inn, Lower Penwortham, to Garstang via River Ribble, Calder Vale. Not circular.
23	SUN	9.00	FG	Silverdale. (A)
30	SUN	10.30	QUEST	Corporation Arms, Longridge (618½373), via Gallows Lane.

ORDNANCE SURVEY MAPS

All sheets covering Mid Lancashire Area

Now on sale by The Ramblers' Association

Ask your Group Secretary or the Area Secretary

PROGRAMME

DECEMBER

3	WED	1.30	WW	From Samull Lane/Longridge Road junction, Preston, via Red Scar.
6	SAT	2.00	SORTIE	Barton Church (516371½) via Willow Nook Farm.
6	SAT	Rail Rambler		Preston, Leyland to Chester, Prestatyn and Ryl.
7	SUN	10.00	SRG	From New Longton School via Midge Hall and the Mosses.
7	SUN	9.30	IG	Fendle Hill.
7	SUN	1.30	CG	From the Bowling Green Inn (553162) via Charnock Richard. (C)
14	SUN	10.00	FG	Scorton. (B)
27	SAT	10.30	CG	From Upper Rivington Barn via Winter Hill. (B)

WINTER RAIL RAMBLERS 1981

Sat. 10th January	The Wirral
Sat. 31st January	Calderdale
Sat. 14th February	Skipton and the Yorkshire Dales
Sat. 7th March	Glossop and the Peak District

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Anyone is welcome to join the walks, whether a member of the Association or not.

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WALKING IN CENTRAL LANCASHIRE by Cyril Spiby

The completely revised edition of this popular book

Now on sale by The Ramblers' Association

Ask Mr Spiby or the Area Secretary

Price One Pound