

“RELOCATING”

If truly unsure of your location, stop and “Relocate”.
Have drink, have a seat, involve any companions.

You cannot be further from your last Pinpointed position
by more than the distance you can walk since that point.
2-3 miles/hr.

- Can you tell what direction you have walked?
- Recall what features you passed since last pinpoint?
- Can you use that to track from last pinpoint to here?
- Are there any distinct features in sight?
- If you see them on map, then triangulate.
- Check the bearing of your path, and note curves.
- Search the map for such paths/curves/junctions.

PLAN A – Does the information above let you plan a
route back onto planned route?

PLAN B – Retrace your steps back to last pinpoint?

PLAN C – Find a “Collecting Feature” that you can be
certain of meeting if you walk in a defined direction.
Once there, revert to PLAN A.

Eric Crichton. 15 Dec 2019.

Walk Navigation – Pocket Guide **Key Skills & Tools for Walkers**



Contents:

Planning	Set The Map	Directions & Aim Off
Triangulate	Compass	Map Key
PROWS	Contours	Dist. & Height & Time
Grid Refs	Mobile Apps	

Relocating

Planning

Before The Walk.

Plot the route on a map to find weaknesses in description and ensure description is viable.

Where there are problems, find backup paths in area.

Check the Magnetic Deviation (in new location)

On The Walk – For Each Stage/Leg

-Pinpoint Position.

-Decide next leg.

-Memorise waypoint and features to pass.

-Judge distance and time for leg.

Choose an Overshoot Block

A Feature?, Time? Distance?

Tips

Remember to write grid on map.

Copy Map?

Measure distances of obvious stages?

Does someone know where you're going?

Registered with 999 text? Loaded "What3Words"?

Ticklist

Boots, waterproof, gaiters,
phone, map, compass,
flask, snack/food

Mobile Apps – OS Locate – OS Maps

OS Locate -Free

-Tells exact location

-and height.

- Can look like a Compass.

OS Maps

-Simpler but less able
than Viewranger

-Free Maps OR Paid OS
Maps (annual)

-Record Route

-Plot Route

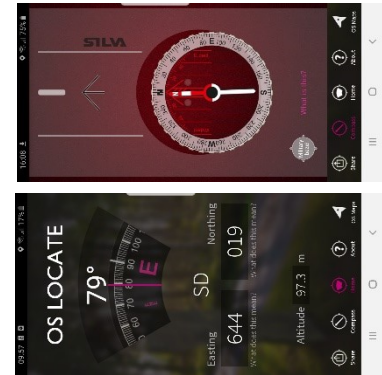
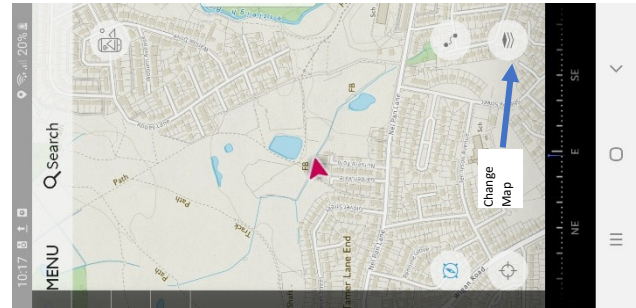
-Find Routes

-No Grid Ref (use OS
Locate)

-Mainly needs internet.

-Possible compass.

ALWAYS CALIBRATE.

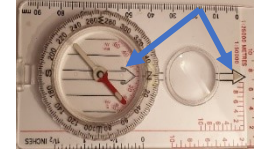


Pinpointing, Directions, Observe

Every Time You Use the Map:

SET THE MAP

1. Align Grid Arrow and Direction Arrow.



2. Align Compass on Grid Lines of Map.



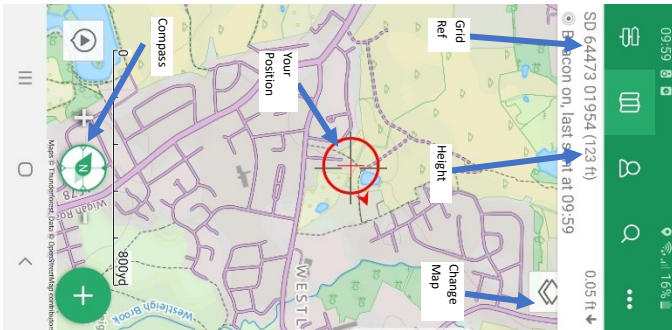
3. Align *MAP* & Compass with North.



4. The Map **MUST** stay looking North even if you look another direction.

Mobile Apps - Viewranger

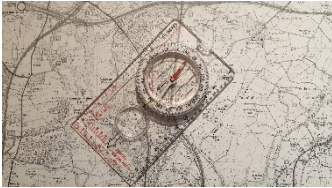
- Bit more effort to learn, than OS Maps
- Free Maps
- OR Paid OS Maps (annual, Area, Tiles)
- Grid Reference
- Record Route
- Plot Route
- Find Routes
- Use GPS Tracks/routes
- Compass – if in phone – Always calibrate
- Incremental Payment,
- Just the bits you need.
- Internet for free maps
- Internet NOT NEEDED for Paid maps



Which Direction

- Know where to look for feature?
- Which angled path to take?
- Direction to Walk?

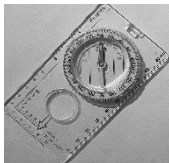
1. Align Edge of compass between "Here" and target "Feature". Or along angled path wanted.



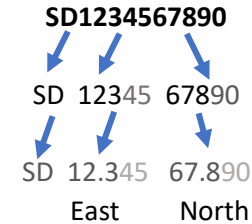
2. Rotate Bezel to align Bezel grid lines with Map grid Lines. (bezel arrow to North!)



3. Position YOU & COMPASS so that Needle is over bezel grid Arrow. That is chosen direction.

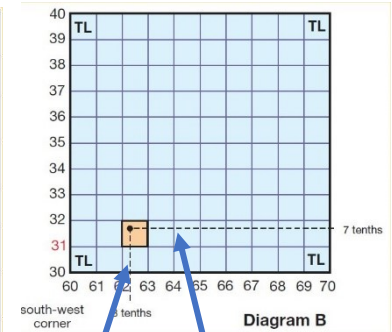


Grid References



Along the corridor, up the stairs.
Or BS Bottom then Side

				HP (N42)	
			HT (N31)	HU (N41)	
	HW (N10)	HX (N20)	HY (N30)	HZ (N40)	
NA (09)	NB (19)	NC (29)	ND (39)		
NF (08)	NG (18)	NH (28)	NJ (38)	NK (48)	
NL (07)	NM (17)	NN (27)	NO (37)		
	NR (16)	NS (26)	NT (36)	NU (46)	
	NW (15)	NX (25)	NY (35)	NZ (45)	
		SC (24)	SD (34)	SE (44)	TA (54)
		SH (23)	SJ (33)	SK (43)	TF (53)
	SM (12)	SN (22)	SO (32)	SP (42)	TM (52)
	SR (11)	SS (21)	ST (31)	SU (41)	TQ (51)
SV (00)	SW (10)	SX (20)	SY (30)	SZ (40)	TV (50)



TL 62.3Km 31.7Km

Subtract Refs

628213

-625210

0.3 0.3

Distance & Height & Time & Steps

Distance:

Grid Lines = 1 Km = about 2/3 rd Mile.

1.6 Km = 1 Mile

4 Km = 2.5 Mile

8 Km = 5 Miles

12 Km = 7.5 Miles

16 Km = 10 Mile

Yards = Metres + 10%

On Map or Compass

25K map, 1 mm = 25 m

40K map, 1 mm = 40 m

50K map, 1 mm = 50 m

Time

Average speed 1.9 – **2.5** – 3 Mile per hr

Average speed 3 – **4** – 5 Km per hr

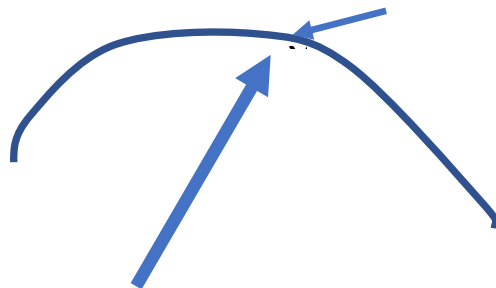
That is 20 or **15** or 12 min per Km

This is 2 or **1.5** or 1.2 min per 100m

Steps per 100m	Ft/In	Steps	Ft/In	Steps
Select your height	6 - 6	58	5 - 9	65
then use the	6 - 5	58	5 - 8	66
"Steps" in the	6 - 4	59	5 - 7	67
next column.	6 - 3	60	5 - 6	68
VERY APPROX.	6 - 2	61	5 - 5	69
Your Steps =?	6 - 1	62	5 - 4	70
	6 - 0	62	5 - 3	71
	5 - 11	63	5 - 2	73
	5 - 10	64	5 - 1	74

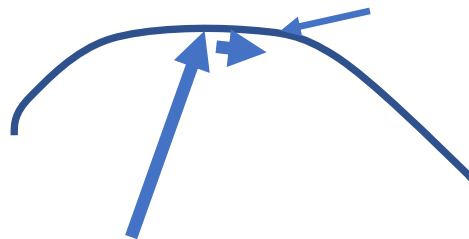
Aim Off

If you cannot see the Feature of interest, such as a stile or down path.



Then "AIM OFF" by say 10 deg. West.

Then you know to go right at the barrier.

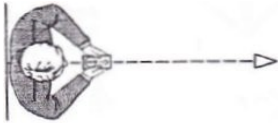


If you forget to Aim Off, go right anyway as magnetic deviation will probably be to west.

Where Am I? – Triangulation

1. Take a Bearing to a Feature.

Hold the compass in front of you so that the Direction Line points accurately at the Feature.



Rotate the Bezel so that the red of the needle lies over the red grid arrow (needle points at 0).

The numerical bearing is where the Direction Arrow meets the Bezel.

2. Place the Compass on the Map with one edge at the Feature.

3. Rotate the COMPASS (not bezel) till bezel grid lines align with map grid lines.

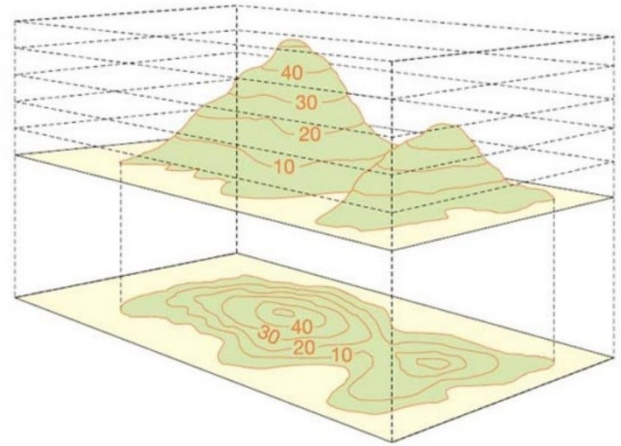
4. Draw a line from the Feature

5. Repeat with one or two more Features.

Where the lines cross is your location



Contours



Every point on a contour line is the same height.

Each contour is an enclosed loop.

A contour with no contours within it is a PEAK or HOLLOW

The closer together lines are, the steeper the land
Contours are intermittently labelled with their height.

Top of numbers points uphill.

Every 5th contour line is thicker.

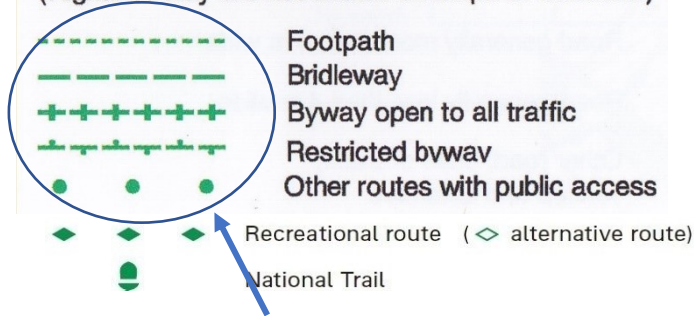
The contour lines are 10m or 5m apart in height.

Often Spot height at significant peaks.

Where Can You Walk?

PUBLIC RIGHTS OF WAY

(Rights of way are not shown on maps of Scotland)



GREEN on 25K. RED on 50K



ORANGE on 25K NOT on 50K

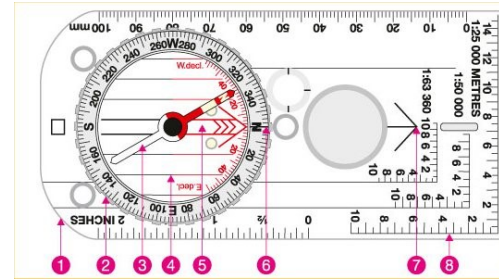
Don't Confuse Path and Boundary



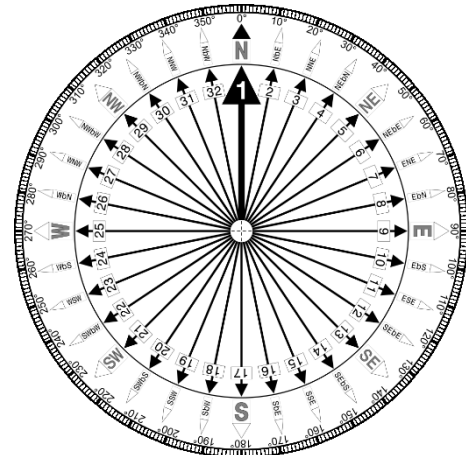
Follow line of path through Crops.

If path blocked you have right to detour

Compass



1. Base plate with scales.
2. Rotating bezel with bearing
3. Compass needle floating in liquid. Red end points to magnetic north.
4. Orienting(grid) lines
5. Orienting(grid) Arrow
6. Line to read the bearing.
7. Direction arrow
8. Distance



England & Scotland



Firing and test ranges in the area. Danger! Observe warning notices
Champs de tir et d'essai. Danger! Se conformer aux avertissements
Schwies und Erprobungsgelände. Gefahr! Warnschilder beachten
Visit www.access.mod.uk for information

England Only

Visit www.countrysideaccess.gov.uk for up-to-date information



Access land
boundary and tint



Access land in
woodland area



Access information
point

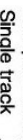


Access permitted within managed
controls for example, local byelaws
Visit www.access.mod.uk
for information

RAILWAYS



Multiple track



standard
gauge



BOUNDARIES



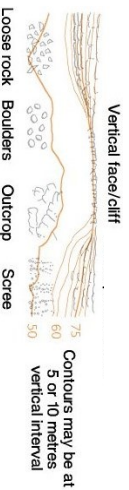
Water



Mud



Sand; sand & shingle



Coniferous trees



Non-coniferous
trees



Coppice



Scrub



Orchard

Bracken, heath or rough grassland

Marsh, reeds or saltings



Gravel pit



Sand pit



Other pit
or quarry



Landfill site or
slag/spoil heap

BP/BS

Boundary post/stone

CG

Cattle grid

CH

Clubhouse

FB

Footbridge

MP; MS

Milepost; milestone

Mon

Monument

PO

Post office

Pol Sta

Police station

Sch

School

TH

Town hall

NTL

Normal tidal limit

pylon pole
Electricity transmission line
Slopes

*W; Spr

Well; spring